

MONDAYS

10-12

Glastonbury

Community Support Café

ST JOHN'S
CHURCH, BA6 9DR

5 OCT

Refreshments by donation
.....
Support & signposting
.....
Outreach NHS & Housing professionals
.....
Tech Connect - digital support
.....
Free clothing
.....
Neurodiverse chat space
.....
Poetry & creative wellbeing groups
.....
Singing group
.....
Journalling peer circle
.....
Nelson Trust - women's support service
.....

12 OCT

Refreshments by donation
.....
Support & signposting
.....
Outreach NHS & Housing professionals
.....
Tech Connect - digital support
.....
Free clothing
.....
Neurodiverse chat space
.....
Poetry & creative wellbeing groups
.....
Singing group
.....
Journalling peer circle
.....
Dentaid - homeless dental service
.....
CASC cancer peer support group

19 OCT

Refreshments by donation
.....
Support & signposting
.....
Outreach NHS & Housing professionals
.....
Tech Connect - digital support
.....
Free clothing
.....
Neurodiverse chat space
.....
Poetry & creative wellbeing groups
.....
Singing group
.....
Journalling peer circle
.....
Hep C testing & needle exchange
.....

26 OCT

Refreshments by donation
.....
Support & signposting
.....
Outreach NHS & Housing professionals
.....
Tech Connect - digital support
.....
Free clothing
.....
Neurodiverse chat space
.....
Poetry & creative wellbeing groups
.....
Singing group
.....
Journalling peer circle
.....
Fabulous Feet by Lynda - free footcare
.....
CASC cancer peer support group



A WARM AND WELCOMING SPACE FOR ALL!
glastonburymentalhealth.org

