Glastonbury Community Support Café

EVERY MONDAY 10-12

ST JOHN'S CHURCH, BA6 9DR

2 NOV

- Refreshments by donation
- Support & signposting
- Outreach NHS & Housing professionals
- Tech Connect - digital support
- Free clothing
- Neurodiverse chat space
- Poetry & creative wellbeing groups
- Singing group
- Dentaid - homeless dental service
- *NEW:* Menopause peer support group

9 NOV

- Refreshments by donation
- Support & signposting
- Outreach NHS & Housing professionals
- Tech Connect - digital support
- Free clothing
- Neurodiverse chat space
- Poetry & creative wellbeing groups
- Singing group
- Journalling peer circle
- CASC cancer peer support group

16 NOV

- Refreshments by donation
- Support & signposting
- Outreach NHS & Housing professionals
- Tech Connect - digital support
- Free clothing
- Neurodiverse chat space
- Poetry & creative wellbeing groups
- Singing group
- *NEW:* Seniors support group
- Fabulous Feet by Lynda - free service
- Hep C Trust & needle exchange
- Healthwatch Somerset

23 NOV

- Refreshments by donation
- Support & signposting
- Outreach NHS & Housing professionals
- Tech Connect - digital support
- Free clothing
- Neurodiverse chat space
- Poetry & creative wellbeing groups
- Singing group

A WARM AND WELCOMING SPACE FOR ALL!

glastonburymentalhealth.org

Glastonbury Community Support Café · Glastonbury Mental Health Network · GTC · SPARK iT your digital discovery · Grove Wellbeing · Cancer Awareness & Support Cafe (CASC) · NHS Somerset · Somerset Council

With thanks to St John the Baptist Church